**Transition from 8th to 9th**

**Preparing Students for High School**

**Lesson Plan 3**

**GETTING INVOLVED**

**Description:** Students will develop an awareness in the areas of personal interests and understand the value of participation in high school extracurricular activities such as clubs, teams, performing groups (e.g. concert band, dance club), and service and/or special organizations (e.g. student government)

**Objectives:** Students will be able to:

* Identify personal self-interests.
* Generate reasons for joining a school organization in high school.
* Identify specific school organizations that they would like to learn more about for possible involvement in high school.

**Instructional Time:** 45 mins

**Preparation/Instructional Materials:**

* Poster board, markers, overhead, White Board
* Lesson 3 Power Point
* Interests Bingo Directions
* Handout: Interests Bingo
* Handout: What’s Up With You (Career Cruiser Part I: The Self-Awareness Factor)
* Handout: High School Extracurricular Organizations Directions
* Handout: High School Extracurricular Organizations
* School guidance counselor should secure a specific list of the extracurricular activities available at the high school from the activities director, career specialist, athletic director, department chairs, and any other individuals with knowledge of high school programs available to the students.
* Treats for prizes
* Pencils

**Springboard Activity**

Using an overhead project/acetate or poster board and markers, record student responses to the following question:

What are the best things about being in high school?

**Core Activities:**

1. Review the springboard responses that students have identified. Explain to students that most people who have graduated from high school thought that the extracurricular activities they participated in made high school special. Take a survey (by a show of hands) to see how many students agree.

2. Begin Power Point (Slides 1-3): Explain to the students that the lesson today concerns identifying the kinds of extracurricular activities the students most enjoy and the programs and activities that will be available to them next year when they go to high school.

3. Explain the concept of extracurricular activities or school organizations. Record student responses to the following question:

* (Slide 2) What are the benefits of participating in an extracurricular activity in your high school?
* (Slide 3) 5 Reasons to Get Involved

4. Review the directions to Interests Bingo.

5. Distribute Handout: Interests Bingo.

6. Inform students that now that they have found out about some of the things their classmates are interested in, they will participate in an activity in which they can identify some experiences that they might like to participate in but may not have thought about before.

7. Distribute Handout: What’s Up With You? Prior to having students complete this inventory, read aloud (or have the students read aloud through jump-in reading) the 22 categories and the definitions.

8. Provide sufficient time for students to complete the inventory. Upon completion, take a tally of the categories the students identified as their top areas of “satisfactions.”

9. Ask for volunteers to share their answers with the class. This will generally generate much discussion and bring in many ideas and opinions about the kinds of activities students are interested in.

10. Explain to students that in the high school, there are clubs and organizations that can make their high school experience more meaningful. (PowerPoint Slides 4-6)

11. Distribute Handout**:** ASU Prep High School Extracurricular Activities*.* Let students know that if they are unsure of a particular activity to ask. Have students write which organizations they might be interested in. Try to encourage them to pick at least 3

14. Review the list again, and by a show of hands, determine which organizations are the most popular among students.

15. Encourage the students to take the list home and share with their parents. Keep the list to ask questions as the High School open house.

**INTERESTS BINGO DIRECTIONS**

• This purpose of activity is to have students become aware of and appreciate the interests and hobbies of their classmates. It also helps students identify the variety of areas of interest.

• Duplicate copies of the Handout: Interests Bingo for each student in the class.

• Distribute the copies to the students and instruct them that they must walk SILENTLY around the room and identify a student who fits a particular category. The identified person must sign their name if he/she fits the description of the box.

• Instruct the students that they are only allowed to sign each person’s bingo card once. A person can sign their own card and the teacher and/or counselor can be included in the game.

• If nobody can get the entire card signed, you can then announce that the students are allowed to have the same person sign their board twice, or more if there is still no winner.

• The person who has the entire card signed first should win a prize.

• When the game is over, have the winner read to the class each interest box and who signed it.

• Create a discussion about students’ interests.

Extra-Curricular Activities

# Sports

# Student Organizations

# Clubs