

Habit 7: Sharpen the Saw



I take care of my body by eating right, exercising, and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places.

Notes Sheet

Habit: Sharpen the Saw

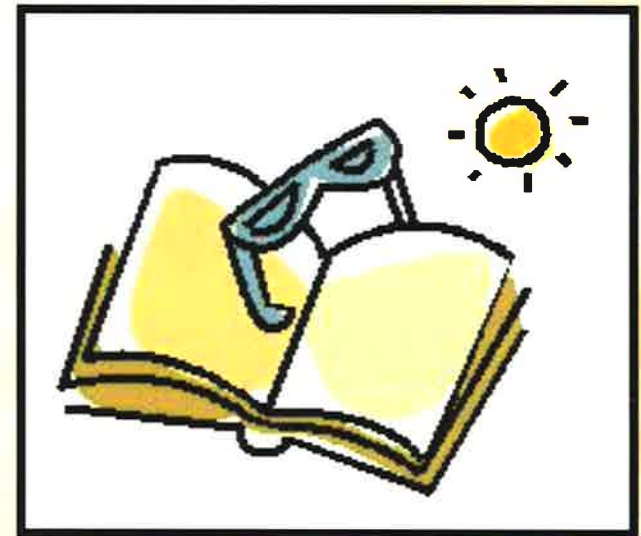
<p style="text-align: center;"><u>Class Lessons</u></p> <ol style="list-style-type: none">1. Dear time2. Tic-Tac-Toe board of activities3. Treasure box time: Unique for each student4. Enrichment tubs (When finished, cartooning, logic, sign language choices.)	<p style="text-align: center;"><u>Resources</u></p> <p>(Songs, Books, Movie Clips, Websites)</p> <ol style="list-style-type: none">1. The Leader in Me website2. <u>The 7 Habits of Happy Kids</u>3. <u>The 7 Habits of Highly Effective Teens</u>
<p style="text-align: center;"><u>Grade Level Activities</u></p> <ol style="list-style-type: none">1. PLANK2. Recess3. Walk a lap4. 100 Day Circus5. Market Day6. Reading Day7. Colonial Day8. Phonics Parade	<p style="text-align: center;"><u>School Activities</u></p> <ol style="list-style-type: none">1. Spring Fling2. Jump Rope for Heart3. Field Day4. Book Drive5. Create maps of distance around school (PE)6. Canned food drive

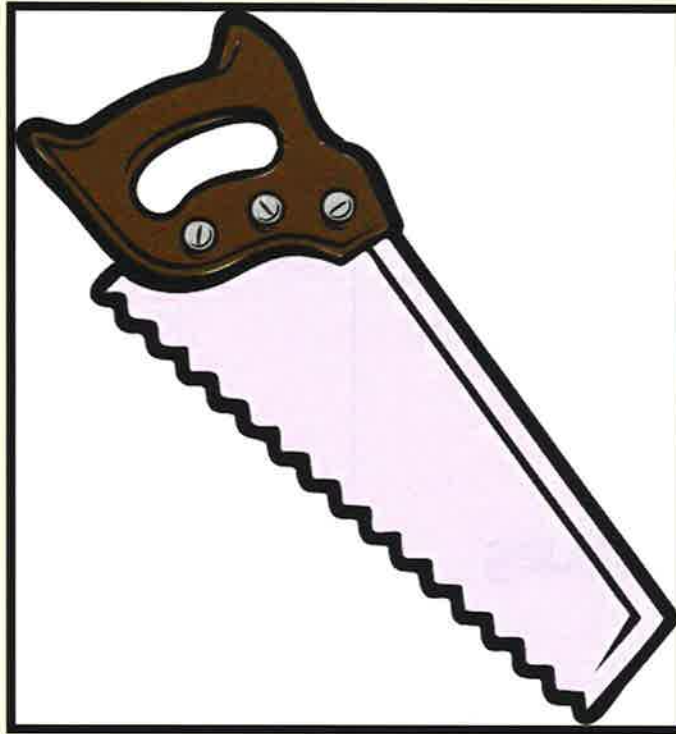
Habit #7

Sharpen the

Saw

Based on the work of
Stephen Covey





I take care of my body by eating right, exercising, and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places.

Journal Entry or Discussion Starter:



What do you do to take
care of your body?
What do you NOT do?
Could you make any
improvements?



Brain Food

What are your plans for “feeding” your brain? Make a list of things you want to learn or things that you want to do that will teach you.



Feeding Your Soul

What feeds your soul?

What inspires you
and gives you peace?

What are some
songs, books or
movies that make you
want to be a better
person? Is there a
person that makes
YOU want to be
better?



Your Saw is Your Life

What makes your saw sharp?

What makes your saw dull?



Credits:

This slide show was created by
Rebecca Radicchi
using the following resources.

1. The Seven Habits for Highly Effective People by Stephen Covey
2. The Seven Habits for Highly Effective Kids by Sean Covey
3. The Seven Habits for Highly Effective Teens by Sean Covey



Sharpen the Saw Window Pane

What are you doing in each area? You may use words or pictures.

<p><u>Body:</u></p>	<p><u>Brain:</u></p>
<p><u>Soul:</u></p>	<p><u>Heart:</u></p>

The 7 Habits

Leadership Award



is presented to

_____ on _____, 2009

for demonstrating the habit of

"Sharpen the

"Saw".

Directions for activity:

1. Get in the following groups :
 - a. Habit 1: Preschool/Kindergarten
 - b. Habit 2: 1st/2nd grade
 - c. Habit 3: 3rd/4th grade
 - d. Habit 4: 5th/6th grade
 - e. Habit 5: 7th/8th grade
 - f. Habit 6: Specials/SPED (Elementary)
 - g. Habit 7: Specials/SPED (Secondary)

2. Read the book out loud within your group

3. Using the lesson plan template and book, create a lesson that will teach the students your groups assigned habit

4. Once your finished, decide who will give a short 2-3minute explanation of your lesson and book.

5. Present your lesson.