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| **Lesson Title:** Seek to Understand (Habit 5) |

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| **Duration of Lesson:**  45-60 minutes |

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| **Lesson Objective:**  I can listen and learn from my peers. |

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| **Materials:**   * Brainstorm/reflection form * Optional sports/art teaching tools * Pg. 22-26 of I’m like you, you’re like me |

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| **Lesson:**  Anticipatory set: Teacher demonstrates and models a skill. Read book excerpt.  Warm up: Students pair up and brainstorm a skill to teach and get teachers approval. (Teachers create purposeful groups)  Planning: Pairs develop a plan of action that details step by step how to teach their skill.  Teaching: Groups will combine and take turns teaching their skill to the other pair.  Sharing: Each pair shares what the other pair shared to the whole class.  Reflection: Students relate the activity to “seek first to understand, then to be understood” explaining the importance of listening. |